

2010 Hurricane Health Preparedness

As you prepare for hurricane season, you need to plan for your medical needs, including your medications.

Step 1: Get ready

- **Have a plan.** (In New Orleans, the City-Assisted Evacuation Plan (CAEP) is to help people who have no means of evacuating on their own. Register for CAEP either online at www.nolaready.com or call 658-4000.)
- Keep your prescriptions up-to-date.
- Ask your doctor to give you a copy of helpful medical information—keep this with you.
- Refill your prescriptions a few days before a storm; do not wait until the last minute! Early refills will be offered.
- At all times, keep enough medication on hand to last you at least 14 days.

Step 2: Evacuate when instructed and take:

- All of your medicines and supplements in their *original bottles*, with a back-up list of medications and dosages.
- Helpful medical information - your condition, diagnoses and allergies.
- Your clinic's name, your doctor's name and phone number.
- Your most recent hospital card, medication card (ADAP), insurance cards, etc.
- Picture identification, Social Security card, insurance policies, birth certificates and other important legal papers.
- Medical equipment & supplies (dentures, glucometers & strips, nebulizers, crutches, prostheses, etc.)
- First aid kit, battery powered radio, flashlight, cell phone and charger.
- Clothes, sleeping supplies, maps, and personal hygiene items.
- A three day supply of water, non-perishable food and cash.
- This *Hurricane Health Preparedness document* for easy access to important contact information.

Step 3: Medication, medication, medication – bring it

- **Make sure you bring all medications with you. Have enough to last you at least 14 days.**
- **IF your anti-HIV virus medications are running out, do NOT skip dosages to stretch them out. Get refills as soon as possible.**
- **IF you do run out of one of your anti-HIV virus medications – stop them all until you get refills.** This does NOT mean that you stop other medications that you may be taking to treat eye or lung infections, to lower blood pressure or cholesterol or to control you diabetes. Ask your doctor or nurse if you have questions about which medications you are taking for different conditions.
- If you use Mumphrey's Pharmacy, call (504) 259-8061 in the event of an evacuation.
- If you use Avita Pharmacy, call (888) 792-8482 or go visit their website at www.avitadrugs.com.
- If you get your anti-HIV virus medications through the LSU Outpatient Pharmacy at 1450 Poydras Street, you are on **ADAP** and need to call **(504) 568-7474** or the **LA Statewide AIDS/STD Info line at 1-800-992-4379** for assistance. Patients may request refills 15 days early (vs. the normal seven day policy) under a hurricane threat. In declared states of emergency where you would be away from your local hospital or doctor, you may be able to get prescriptions refilled at one of our LSU Hospitals listed below.

LSU HOSPITAL (alphabetical order by city)	CLINIC PHONE	PHARMACY #	PHARMACY FAX
Baton Rouge –Earl K. Long Medical Center	225-987-9166	225-987-9111	225-987-9104
Bogalusa Medical Center	985-730-7162 or 7204	985-730-7219	985-730-7220
Houma – Leonard J. Chabert Medical Center	985-873-1880	985-873-2148	985-873-5192
Independence – Lallie Kemp Medical Center	985-878-1681	985-878-1317	985-878-1548
Lafayette – University Medical Center	337-261-6415	337-261-6235	337-261-6237
Lake Charles – W.O. Moss Medical Center	337-475-8659 or 8062	337-475-8521	337-475-8477
Monroe – E.A. Conway Medical Center	318-330-7820	318-330-7819	318-330-7760
New Orleans – HOP (Interim LSU Public Hospital)	504-903-6959 or 6572	504-903-0027	504-903-1987
Pineville – Huey P. Long Medical Center	318-483-7305 or 7272	318-483-7334	318-483-7088
Shreveport – LSU Medical Center	318-862-9977	Call clinic #.	Call clinic #.

LSU PATIENT RELATIONS HELP LINE: 1-888-652-7699

LOUISIANA HIV/AIDS SERVICE ORGANIZATIONS

CITY	AGENCY (* case management available)	PHONE #
Alexandria	CLASS (Central LA AIDS Support Services)*	318-442-1010
Baton Rouge	Family Services of Greater Baton Rouge*	225-927-9810
Baton Rouge	Volunteers of America	225-387-0061
Baton Rouge	HAART (HIV/AIDS Alliance Reg. II Consortia)*	225-927-1269
Houma	CASS (Collaborative AIDS Support Services)*	985-223-2920
Lafayette	Acadiana Cares*	337-233-2437
Lake Charles	SLAC (Southwest Louisiana AIDS Council)	337-439-5861
Mandeville	Volunteers of America	985-674-0488
Monroe	GO CARE (Greater Ouachita Coalition)*	318-325-1092
New Orleans	New Orleans Regional AIDS Planning Council	504-821-7334
New Orleans	NO/AIDS Task Force*	504-821-2601
Shreveport	The Philadelphia Center*	318-222-6633

Estimated evacuation drive times from New Orleans to:
Alexandria, La: 16 hours
Baton Rouge: 8 hours
Lafayette, La: 8 hours
Lake Charles, La: 16 hours
Shreveport, La: 20 hours
Hattiesburg, Ms: 8 hours
Jackson, Ms: 24 hours
Meridian, Ms: 16 hours

OTHER STATES: HIV/AIDS SERVICE ORGANIZATIONS

STATE	CITY	AGENCY	PHONE #
Alabama	Birmingham	AIDS Alabama	205-324-9822
Alabama	Mobile	South Alabama CARES	251-471-5277
Arkansas	Little Rock	Arkansas AIDS Foundation	501-376-6299
Florida	Jacksonville	NE Florida AIDS Network	904-356-6299
Florida	Miami	League Against AIDS, Inc.	305-576-1000
Florida	Miami	South Beach AIDS Project	305-532-1033
Florida	W. Palm Beach	Comprehensive AIDS Program	561-472-9160
Georgia	Atlanta	AIDS Atlanta	404-870-7700
Mississippi	Biloxi	South MS AIDS Task Force	228-385-1214
Mississippi	Hattiesburg	AIDS Services Coalition	601-450-4286
Mississippi	Jackson	MS Dept. of Health-Div. HIV	601-576-7723
Tennessee	Chattanooga	Chattanooga CARES	423-265-2273
Tennessee	Memphis	Friends for Life	901-272-0855
Tennessee	Nashville	Nashville CARES	800-845-4266
Texas	Austin	AIDS Services of Austin	512-458-2437
Texas	Dallas	AIDS Resource Center	214-528-0144
Texas	Houston	Montrose Counseling Center	713-529-0037
Texas	Houston	Thomas Street Health Center	713-873-4000
Texas	San Antonio	San Antonio AIDS Foundation	210-225-4715

NATIONAL HIV/AIDS ORGANIZATIONS

Project Inform
1-800-822-7422
www.projectinform.org

National AIDS
Hotline (CDC)
1-800-232-4636

OTHER ORGANIZATIONS

FEMA
1-800-621-3362
www.fema.gov

American Red Cross
1-800-733-2767
www.redcross.org

LISTEN TO THE RADIO OR TELEVISION FOR UP-TO-DATE INSTRUCTIONS BEFORE, DURING AND AFTER EVACUATION.

STATION	AM	FM	ORGANIZATION	WEBSITE ADDRESS
New Orleans	WWL 870	WWL 105.3	New Orleans Times-Picayune	www.nola.com
Alexandria	KZMZ 580	KZMZ 96.9	City of New Orleans	www.cityofno.com
Baton Rouge	WJBO 1150	WR 102.5	WVUE TV (FOX affiliate, Channel 8)	www.fox8live.com
Lafayette	KVOL 1330	KTDY 99.9	WWL TV (CBS affiliate, Channel 4)	www.wwltv.com
Lake Charles	KLCL 1470	KHLA 99.5	Louisiana HIV/AIDS Program	www.hiv411.org
Monroe	KNOX 540	KNOX 101.9	N.O. Regional AIDS Planning Council	www.norapc.org
Shreveport	KWKH 1130	KWKH 94.5	HOP Clinic	www.hopclinic.org

IF YOU NEED HELP GETTING TREATMENT OR IF ANOTHER DOCTOR NEEDS MEDICAL INFORMATION CONCERNING YOUR CARE, CALL:

LSU PATIENT RELATIONS HELP LINE: 1-888-652-7699

For **EMERGENCIES**, call **911** in all areas. For **NON-EMERGENCY** information and referrals in **LOUISIANA**, call **211**.